

GREEN Swimming and Diving 2018-2019

GIRLS

Varsity Letter Times 2018-2019		
EVENTS		Yards
200 Free		2:10.99
200 IM		2:30.99
50 Free		27.99
100 Fly		1:08.99
100 Free		58.99
500 Free		5:50.99
100 Back		1:08.99
100 Breast		1:17.99
Diving - 6 Dives		150 Points
Diving - 11 Dives		250 Points

BOYS

Varsity Letter Times 2018-2019		
EVENTS		Yards
200 Free		1:58.99
200 IM		2:14.99
50 Free		23.99
100 Fly		1:00.99
100 Free		53.99
500 Free		5:20.99
100 Back		1:02.99
100 Breast		1:08.99
Diving - 6 Dives		160 Points
Diving - 11 Dives		260 Points

Go Bulldogs!!

To earn a GHS Swimming & Diving Letter, athletes must achieve all of the following:

- Achieve a time equal to or faster than the time standards shown above
- A team player with a positive attitude
- Have no unexcused absences
- Good academic standing